

# ANNOUNCING: Skills Achievement Groups beginning JUNE 2011 Are We There Yet? - Young Adults 19+

\*Parent Participation Required-Flip for Guidelines



## Target Skills

- Who needs a job? How to get one and keep it
- How to relate (connect) to others
- Forming effective relationships
- Learning to live with personal challenges
- Building self-esteem by emphasizing strengths
- Developing independent living skills

Discussion and activities that offer a road map to success young adults with an FASD.

**Naperville:** Wed., 5:00-6:30 pm  
Session Start Date: **June 8, 2011**

Price: \$100 per month  
\*Group Size: 6-8

### Registration Contact:

Katelyn Decker  
13318 W. Lincoln Hwy  
New Lenox, IL 60451

(815) 462-4273 p  
(815) 463-0689 f  
kdecker@trinity-services.org



**Please Register  
Space is limited!**

# JUNE 2011 Skills Achievement Groups

## Parent Participation Guidelines



### **Team Effort**

Parents participation in a simultaneous group is critical to the successful outcome. This group will acquaint fathers and mothers with the skills the children are learning. In addition they will be asked to share with other family members to ensure that every key player practices the skill outside the group environment. Parents will be expected to provide a feedback to the facilitator and the group about what worked and what needs to be addressed.

The groups are run using an evolving process and adjustments will be made as necessary. Parents will be able to reach the facilitator via email to address any concerns or for guidance

**Parent Support groups are run  
alongside Skills Achievement  
Groups**

Price: Free (2 for the price of 1)

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