

# ANNOUNCING: Skills Achievement Groups beginning Building Blocks - Children (7-12)

\*Parent Participation Required-Flip for Guidelines



## Target Skills

- Identify and develop socially beneficial hobbies
- Identify personal strengths and use them to overcome challenges
- Effective frustration management
- Finding ways to fit in with accommodations
- How to ask for support
- How to be a self advocate
- Time and money management
- Differentiate between fact and fantasy

This group offers a fun, therapeutic and structured environment for children with an FASD to practice and develop some skills that will help them to improve their functioning in all developmental domains.

### Where:

*1260 Iroquois Ave. Suite 300.  
Naperville, IL. 60540*

### Session Start Date:

*February 7, 2012  
Tuesdays 4pm - 5pm*

### Price:

*\$100 per month \*Group Size: 6-8*

### Registration Contact:

Joanna Horvat  
13318 W. Lincoln Hwy  
New Lenox, IL 60451

(815) 462-4273 phone  
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**Please Register  
Space is limited!**

# Skills Achievement Groups

## Parent Participation Guidelines



### **Team Effort**

Parents participation in a simultaneous group is critical to the successful outcome. This group will acquaint fathers and mothers with the skills the children are learning. In addition they will be asked to share with other family members to ensure that every key player practices the skill outside the group environment. Parents will be expected to provide a feedback to the facilitator and the group about what worked and what needs to be addressed.

The groups are run using an evolving process and adjustments will be made as necessary. Parents will be able to reach the facilitator via email to address any concerns or for guidance.

**Parent Support  
groups are run alongside  
Skills Achievement Groups**

Price: Free (2 for the price of 1)

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