ANOUNCING: Skills Achievement Groups beginning JUNE 2011

I Can Do It, Too! - Teens (13-18)

*Parent Participation Required—Flip for Guidelines

Target Skills

- Making and getting along with friends
- Asking for social and profession support
- Sharing advice on safety and boundary issues
- Head start – Developing skills for the world of employment
- Effective time management, problems and solutions
- Understanding budgeting
- Time and money management
- The mental gym - good mental health

This group offers interactive, hands-on, structured activities to help teenagers with an FASD practice and master skills that lead to success.

Naperville: Fri., 4:00-5:00 pm
Session Start Date: **June 3, 2011**

Des Plaines: Thu., 4:00-5:00 pm
Session Start Date: **June 9, 2011**

Price: $100 per month
*Group Size: 6-8

Please Register
Space is limited!

Registration Contact:

Katelyn Decker
13318 W. Lincoln Hwy
New Lenox, IL 60451

(815) 462-4273 p
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JUNE 2011 Skills Achievement Groups

Parent Participation Guidelines

Team Effort

Parents participation in a simultaneous group is critical to the successful outcome. This group will acquaint fathers and mothers with the skills the children are learning. In addition they will be asked to share with other family members to ensure that every key player practices the skill outside the group environment. Parents will be expected to provide a feedback to the facilitator and the group about what worked and what needs to be addressed.

The groups are run using an evolving process and adjustments will be made as necessary. Parents will be able to reach the facilitator via email to address any concerns or for guidance

Parent Support groups are run alongside Skills Achievement Groups

Price: Free (2 for the price of 1)

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